

CAREINGTON *International* Corporation

What Members Receive with the **Total-Care Plan**

Physician with PHCS

- 20% to 45% savings on medical services including tests, office visits, mammograms, chest x-rays, and more
- Over 350,000 medical doctors including Allergy, Pediatric, Oncology, Radiology, Internal Medicine, Neurology, Cardiology, Orthopedic, OB/GYN, and Family Practice

Hospital with Galaxy Health Network*

- 10% to 30% savings at over 2,500 acute care hospitals nationwide

Dental with CAREINGTON *International* Corporation

- 20% to 60% discount on most dental procedures
- 20% to 50% discount on complete dentures
- Cosmetic dentistry including bonding and veneers
- Orthodontia included at a 20% discount
- Over 54,000 provider locations nationwide

Hearing with HearPO

- Largest provider of audiology and hearing aid services in the United States
- 5% to 60% discount on all hearing aids at any HearPO provider location
- 30% savings on hearing exams
- Discounts on repairs and batteries
- Comprehensive follow-up services at no charge

24 Hour Nurse Line

- Free and unlimited telephone service from registered nurses
- 24/7 access 365 days a year
- Access to audio tape library on over 1,100 health topics with 550 topics in Spanish
- Information about self care techniques for common symptoms
- Decision support for high cost treatments, recently diagnosed medical conditions, home medical emergencies, diagnostic and surgical procedures, prescription and non-prescription information, expectation for medical testing

Vision with EyeMed Vision Access Plan D

- 15% to 45% discount off the retail price of eyewear
- \$5 off routine exams and \$10 off contact lens exams
- 15% off conventional contact lenses
- Save 15% off the retail price and 5% off the promotional price of LASIK or PRK surgery through U.S. Laser Network
- Over 40,000 providers nationwide including Target Optical®, Pearle Vision®, Sears Optical, LensCrafters®, and more

Pharmacy with Caremark

- Up to 15% discount on brand name drugs and up to 55% discount on generic prescriptions with an average savings of 24%
- Over 57,000 participating pharmacies including major chains and independents
- Convenient and money-saving mail order and Internet pharmacy
- Members only discounts on over-the-counter remedies, vitamins and minerals from the online pharmacy

Chiropractic & Alternative Health with WholeHealth

- Save 10% to 30% from Chiropractors, Dieticians, Acupuncturists, Massage Therapists, Holistic Practitioners, Herbal Consultants, and Exercise Specialists
- Save 10% to 30% on Yoga, Nutrition, Tai Chi, Bio Feedback, Meditation, and Reflexology
- Save 25% on Vitamins and Nutritional supplements
- Over 28,000 participating providers nationwide
- Unlimited visits and no limits on access to care

Diabetes Management with Better Living Now

- Diabetic testing supplies are delivered with no shipping charges
- You will save 20% to 25% off the retail price on nutritional supplements and daily living aids
- No complicated forms to fill out and no inconvenient trips to the pharmacy
- Save 20% to 30% on durable medical equipment and 20% to 40% on disposable medical supplies

*Hospital discounts not available in AK, HI, RI, VT, MD, WV and WY.

Disclosures:

1. THIS PLAN IS NOT INSURANCE.
2. The plan provides discounts at certain health care providers for medical services.
3. The plan does not make payments directly to the providers of medical services.
4. Plan members are obligated to pay for all health care services but will receive a discount from those healthcare providers who have contracted with the discount medical plan organization.
5. Discount Medical Plan Organization and administrator: **CAREINGTON *International* Corporation**, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380.

Note to Utah residents: This contract is not protected by the Utah Life and Health Guaranty Association. The program and its administrators have no liability for providing or guaranteeing service by providers or the quality of service rendered by providers. *This program is not available in Vermont and Montana.