



512-454-7300

Editor - MSG (Ret) Theresa Billeck-Zuniga

## NGAT NEWS NUGGETS

3706 Crawford Ave  
Austin, Texas 78731-6308  
10-06/1 July 10

[www.ngat.org](http://www.ngat.org)

[membership@ngat.org](mailto:membership@ngat.org)

# SAVE THE DATE

52nd ANNUAL NGAT CONFERENCE

25-27 March 2011

Corpus Christi, Texas

OMNI Hotel/American Bank Center

Join Us For A Beach Party at the

Texas State Aquarium

Golf—Dolphin Watching Trip—Wine Tasting

**MORE TO COME!!!**

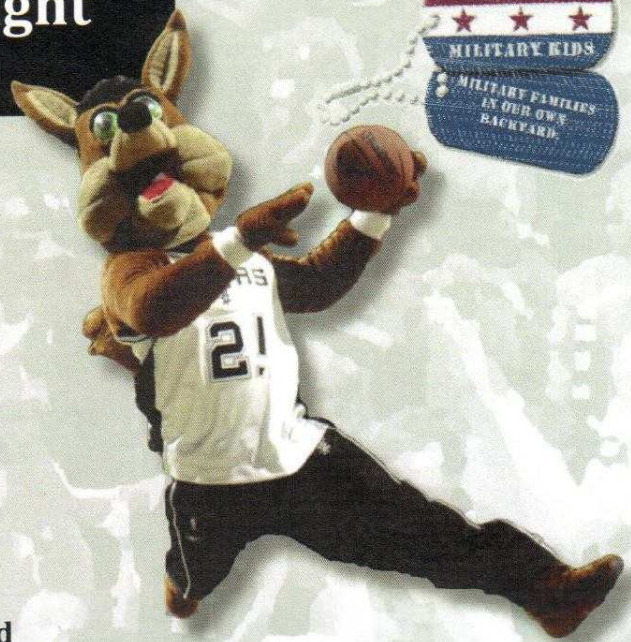
TELL A FRIEND TO  
JOIN NGAT TODAY

Thank You  
Mahalo  
Kiitos  
Toda  
Thanks  
Gracias  
Obrigado  
Merci  
Grazie  
Takk

Thank you everyone  
who assisted  
with the  
NGAUS Conference.

# Operation Military Kids Night With The Spurs

**SPURS vs. HEAT**  
**Saturday, Oct 9, 2010**  
**AT&T Center - 7:30**



**EXCLUSIVE OMK PACKAGE INCLUDES:**

- Spurs game ticket
- Hot dog
- Bag of Chips
- Soda
- Recognition on Lighthouse Scoreboard

Please complete the information below and mail or fax before Wednesday, September 29, 2010

CLUB NAME	
CONTACT NAME	
ADDRESS	
CITY	
STATE	ZIP
EMAIL	
PH # ( ) -	ALT. PH # ( ) -

# OF PACKAGES

- \_\_\_\_\_ \$81 (Lower Level 100# sections, corner rows 25-34) = \$ \_\_\_\_\_
- \_\_\_\_\_ \$47 (Fan Zone 207-209/223-225 mid-court rows 8-11) = \$ \_\_\_\_\_
- \_\_\_\_\_ \$37 (Fan Zone 200's corner rows 4-8, mid-court rows 12-16) = \$ \_\_\_\_\_
- \_\_\_\_\_ \$24 (Fan Zone 200's corner rows 9-11, mid-court rows 12-21) = \$ \_\_\_\_\_
- \_\_\_\_\_ \$12 (Fan Zone 200's corner rows 13-16, sideline rows 17-23) = \$ \_\_\_\_\_
- \_\_\_\_\_ TOTAL # OF PACKAGES = \$ \_\_\_\_\_

**DEADLINE: Orders must be received by the Spurs Sales Office no later than October 1, 2010.**

**IMPORTANT:** Due to high ticket demand, we ask you to purchase tickets as early as possible. Orders will be filled on a first come first serve basis and are subject to availability.

Don't miss your first chance to see the new-look Miami Heat in action in the first 2010 Spurs pre-season home game!



**METHOD OF PAYMENT (PLEASE CHECK ONE)**

- VISA     DISC  
 MC     AMEX

CHECK  
(Payable to SA Spurs)

CARD # [ ] [ ] [ ] [ ] - [ ] [ ] [ ] [ ] - [ ] [ ] [ ] [ ] - [ ] [ ] [ ] [ ]

SIGNATURE \_\_\_\_\_

EXP. DATE [ ] [ ] - [ ] [ ]  
SEC. CODE \_\_\_\_\_  
DATE \_\_\_\_\_

**THIS AGREEMENT IS NON-CANCELABLE & NON-REFUNDABLE.**



FOR QUESTIONS OR TO SUBMIT AN ORDER, PLEASE MAIL OR FAX THIS ORDER FORM AND PAYMENT TO:

San Antonio Spurs  
Attn: Ryan Denbow  
One AT&T Center  
San Antonio, TX 78219

Phone: 210.444.5886  
Fax: 210.444.5699  
RDenbow@attcenter.com



## 2011 EANGUS AREA IV MID-WINTER MEETING

Wyndham—Riverfront, North Little Rock, AR

18-20 February 2011

Rank \_\_\_\_\_ Name \_\_\_\_\_

Name to Appear on Badge \_\_\_\_\_

Address \_\_\_\_\_

Day Phone \_\_\_\_\_ Night Phone \_\_\_\_\_

Email \_\_\_\_\_

Spouse/Guest Name to Appear on Badge \_\_\_\_\_

Spouse/Guest Auxiliary Member? YES /NO

Arrival Date \_\_\_\_\_ Departure Date \_\_\_\_\_

Transportation POV/COMM AIR/OTHER

Member Registration \$35.00 \_\_\_\_\_

Spouse/Guest Registration \$35.00 \_\_\_\_\_

Total Amount of Registration \_\_\_\_\_



Main Registration Form and Payment to EAANG

P.O. Box 535

**Make checks payable to EAANG**

North Little Rock, AR 72115-0535

501-987-6274 (W) 501-749-1105 (H)

Michael.lenaham@sbcglobal.net

Lodging is reserved at the Wyndham-Riverfront, 2 Riverfront Pl, North Little Rock, AR 72114

866-657-4458/501-371-9000 www.wyndham.com

Group Name—Enlisted Association of the Arkansas National Guard—Per Diem rate \$88.00

Room are good at this rate if booked before 15 Jan 11.

To view information on the North Little Rock area visit: [www.northlittlerock.org](http://www.northlittlerock.org)

**Deadline for registration is 15 Jan 2010 (Postmark).** Registration after that date will be \$45.00.

**CHECK OUT PHOTOS OF THE 2010 EANGUS CONFERENCE AT**

<http://www.flickr.com/photos/52162292@N07/>

National Guard Association of the United States	National Guard Association of Texas	
	EANGUS Area IV	EANGUS



**Four Great Reasons  
To Join Facebook**

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Host State Transportation		Michael Hinojosa
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Asst	CW3	Beau Tidrick
Asst	SMSGt	Richard Williamson
Asst	COL	Patrick Hamilton
Asst		Rita Sanchez
Asst		Henrietta Balderas
Asst	1LT	Yael Rackley
Asst	SGM (Ret)	E.H. Imken
Asst		Gina Hanhart
Asst	TSgt	Yvette Oviedo
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Asst	COL	Robert Crow
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Host State Support		Stephanie Hinojosa
Host State Support		James Balandran
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Ops Ctr	1LT	Kerry Fitzgerald
Ops Ctr	1LT	Adam Steele
Ops Ctr	2LT	Melissa Gibbs
Ops Ctr	CPT	Jennifer Pozzi
Ops Ctr	CPT	John Hope
Ops Ctr	1SG	James Guzman
Ops Ctr	MSG	Guadalupe Garcia
Ops Ctr		Kerry Goering
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Ops Ctr		William LaRoux
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SGT-AT ARMS Texas	Maj	Lyndy Doyle
SGT-AT ARMS Texas	MAJ	Miguel Torres
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Announcer	CPT (TX)	Michael Sullivan
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Parliamentarian	MAJ (TX)	Chuck Vanover
Parliamentarian	Capt	Randy Saldivar

**Gracias**

**Danken**

**Thank YOU** *Mahalo* **Kiitos**  
*Tack* **Thanks** *Toda*  
*Grazie*  
*Takk* **Gracias** **Merci**

The National Guard Association of Texas would like to thank everyone who assisted us with the 2011 NGAUS General Conference held in Austin, Texas in mid-August. We could not have done it without you!!

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Sheraton Host Couple	COL (Ret)	Richard Harrison
Sheraton Host Couple		Nancy Harrison

**THANKS**

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Chaplain	COL	Bruce Postma	Spouse Adv - Domain		Mandi Moran
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PAO	COL	William Meehan	Spouse Adv - Domain	2LT	Aaron Sanders
PAO	CMSgt	Gonda Moncada	Host State Driver	TSgt	Klaus Riel
			Distinguished Guests Drivers	SSgt	Nakeia Mitchell
			Distinguished Guests Drivers	SSgt	Jake Trevino
			Distinguished Guests Drivers	TSgt	Luis Tijerina
			Distinguished Guests Drivers	SRA	Hung Le
			Distinguished Guests Driver	SSgt	Estevan Salinas
			Distinguished Guests Driver	SSgt	Nicholas Huerta
			Distinguished Guests Driver		Brian Issac Rollins
			Distinguished Guests Drivers	TSgt	Marcos Rodriguez
			Distinguished Guests Drivers	A1C	Jose Veliz
			Hotel/Conf Ctr Lounge 1	TSgt	Andrea Marqueses
			Hotel/Conf Ctr Lounge 2	SGT	Janice Maruquin



*Merci*



## SPECIAL THANKS TO

The NGAT Board of Directors & NGAT Staff  
 National Guard Association of the United States (NGAUS) &  
 Staff  
 The Adjutant General of Texas—MG Jose Mayorga  
 Standing Joint Inter-Agency Task Force Texas (SJIATF-TX)  
 Texas Air National Guard Band  
 236th Military Police Company  
 702nd Military Police Company  
 Members of the National Guard Association of Texas  
 Texas—NGAUS Members



SEE NGAUS PHOTOS AT  
<http://www.flickr.com/photos/52162292@N07/>



**SAVE THE DATE**  
 133rd NGAUS  
 GENERAL CONFERENCE  
 21-23 Aug 2011  
 MILWAUKEE, WI



## FINANCIAL WORKSHOP

All TXMF military and civilian personnel working on/near Camp Mabry may take advantage of these free briefings to increase your financial knowledge and make smarter financial decisions. No registration is required. Join us for a "Financial "Brown Bag" Workshop"! Bring your lunch and join Neil Vannoy (Personal Finance Counselor) for workshops on the following topics:

The workshops offered will cover the same topic two times each day.

Dealing with Debt- **September 22** at  
1200-1300 and 1730-1830

Credit Scores and Reports- **September 29** at  
1200-1300 and 1730-1830

Saving and Investing- **October 6** at  
1200-1300 and 1730-1830

Thrift Savings Plan (TSP)- **October 13** at 1730-1830 only

Thrift Savings Plan (TSP)- **October 14** at 1200-1300 only

**Where:** Camp Mabry, Building 8, Room A123

POC: Neil Vannoy - (512)809-9112 neil.vannoy@mhn.com

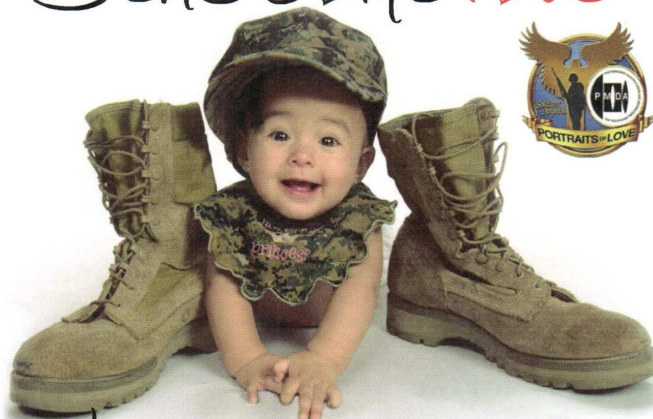
State Family Programs Office

POC: - Julie Ramirez (512)782-1235

julie.ramirez1@ng.army.mil

Exclusive offer for families of deployed Military Members  
September 1 – October 31, 2010

# Send some love



# to a loved one

free:

- sitting fees
- one traditional portrait sheet (additional traditional portrait sheets 3.99 ea.)
- and one portrait sheet shipped to your service member's APO

See a studio team member for details or visit [www.jcpportraits.com/portraitsoflove](http://www.jcpportraits.com/portraitsoflove) for offer and more information. Must show valid military I.D. at sitting.

plus **save 40%** on collections

## JCPenney Portraits

Schedule appointments at [jcpportraits.com](http://jcpportraits.com) or for studio locations 1.800.59.SMILE

## November 13 Legal Advice Clinic to Serve Houston Veterans

(Houston – August 23, 2010) In commemoration of Veterans' Day, the Houston Bar Association (HBA) will hold a free legal advice clinic for all Harris County veterans on Saturday, November 13, 2010, from 9:00 a.m. until noon, at the American Legion Post 560, 3720 Alba Road, Houston, TX 77018. No appointment is necessary.

Volunteer attorneys will provide legal advice on issues including family law, wills and probate, consumer issues, landlord/tenant law, worker's compensation, tax issues, bankruptcy, and veterans' benefits and disability claims. Any Harris County veteran or spouse of a deceased veteran can receive legal advice and counsel. Veterans who need further legal representation and meet the eligibility requirements for the HBA's Houston Volunteer Lawyers Program may be assigned to a pro bono attorney. The guidelines have been adjusted for veterans so that they may have income up to 300 percent above the poverty level and still qualify for services.

The November 13 legal advice clinic is part of the Houston Bar Association's Veterans' Legal Initiative. The HBA sponsors weekly legal advice clinics at the Michael E. DeBakey VA Medical Center, monthly legal advice clinics at the US VETS at Midtown Terrace residential facility, and quarterly legal advice clinics at DeGeorge at Union Station residential facility, as well as at stand-downs and other gatherings of veterans. For more information on services to veterans, call the HBA's Houston Volunteer Lawyers Program at 713-228-0732.

## New VA Benefits Claim Form

After years of filling out a 26-page-long benefits claims form for the Veterans Affairs (VA) Department, veterans can fill out the VA's new six-page form. Approved by the Office of Management and Budget, the EZ form is a result of a pilot program mandated by the Veterans' Benefit Improvement Act of 2008. The program now includes everyone, according to VA's May Compensation & Pension Service Bulletin. To learn more, click here: [http://www.armytimes.com/news/2010/06/military\\_benefits\\_shortform\\_060910w/](http://www.armytimes.com/news/2010/06/military_benefits_shortform_060910w/)

## MAKE GOOD USE OF SOME OLD UNIFORMS



If you have old uniforms in your house that you would like to get rid of please contact Bobbi Lathrop. She is collecting uniforms to make purses, kids clothing, diaper bags and well anything you can think of. Maybe you would like a bag made for your spouse or kids out of your old uniforms. She takes orders also. If you donate a uniform you can have a purse made for \$10.00 or a diaper bag made for \$15.00. Prices without a uniform donation are purses \$20.00 and Diaper Bags \$30.00. You can contact Bobbi Lathrop at [schoolmate79@yahoo.com](mailto:schoolmate79@yahoo.com) or at 940-325-1382 for more information.



The Arrowhead Association is a non-profit group of families, friends, employers and patriots who support HQ, 36th Infantry Division before, during and after the 2010-2011 deployment to southern Iraq.

**Give the GIFT of HOME!**  
**Support OPERATION WARRIOR LIFT**

Thanksgiving is all about Family—but without your help, junior Soldiers in HQ, 36th ID will not be able to spend this holiday with their families. **DONATE NOW**, and your contribution will help reunite these deserving Soldiers with their loved ones in TEXAS.

**Donation payable to**  
TXNG Family Support Foundation,  
ATTN: Arrowhead Association, 3706 Crawford Ave, Austin, TX 78731

**GIVE today or become a sponsor at**  
**[www.arrowheadassociation.org](http://www.arrowheadassociation.org)**

# PEETEY'S CORNER



Dogs and cats seem to have plenty to say. Dogs whine, bark, howl, and growl; cats meow, purr, hiss, and yowl. Are they trying to tell us something? Some scientists think they are. Many believe it is highly likely that pets, because they depend on us, have evolved communication systems that function to manipulate and control our behavior. But whether these vocalizations contain precise messages is still a burning question.

**8th ANNUAL**

**Benefit for Spay & Neuter programs**  
401 E. HOPKINS - SAN MARCOS PLAZA PARK • 10am - 6pm  
Well-behaved restrained pets are welcome

**SATURDAY SEPT. 25 P.A.L.S CARES!**

- Live Music & demos
- Pets from shelters & rescues
- 5K & Fun Run/Dog Jog
- Weenie & Chihuahua races
- Vendors & Food Booths
- Silent Auction & Dog Washes
- Pet Contests & Fun for Kids

**P.A.L.S**  
Helping people fix their pets

Event is free, but please bring a donation of dry pet food.  
Pet Prevent A Litter (PALS) of Central Texas is a non-profit organization.  
All donations are tax deductible. www.PreventALitter.com

Logos for Grande Communications, PETCO, Invisible Fence, and San Marcos State University are also present.

**SAN MARCOS PET FEST**

Come visit with the SNAP San Antonio crew at the 8th annual [San Marcos Pet Fest](#) on Saturday, September 25. The SNAP mobile clinic will be there, so you can take a tour and see how SNAP spays and neuters animals to fight animal overpopulation! We will also have SNAP giveaway goodies, items for sale, and information on spay-neuter and animal wellness topics.

Pet Fest takes place at San Marcos Plaza Park at 401 E. Hopkins in San Marcos, Texas. The event features live music and demonstrations, animals from shelters and rescue organizations, a 5K fun run/dog jog, weenie dog and Chihuahua races, vendors and food booths, a silent auction, a dog wash, pet contests, and fun for the kids!

This event is FREE to the public, but please bring a donation of dry pet food to help feed homeless animals.

[San Marcos Pet Fest](#) benefits Pet Prevent a Litter (Pet PALS) of Central Texas, a 501(c)3 Nonprofit organization helping to reduce the number of animals put to death in Central Texas shelters by promoting spaying and neutering of pets.

## DOGS HELP BATTLE PTSD

The Army is using dogs "much more" to help soldiers recovering from post-traumatic stress disorder (PTSD) according to the [Army Surgeon General's](#) special assistant for mental health, Col. Elspeth Cameron Ritchie, M.D., who spoke today at the annual convention of the National Alliance on Mental Illness (NAMI). "Animals are not just cute," Ritchie said. "They provide support."

The effectiveness of man's best friend and other animals, such as horses for equine therapy, as part of mental health care is anecdotal, Ritchie said, but it is being taken seriously and researched.



The observation came at a 2010 NAMI Convention symposium on "Veterans and Military Mental Health," focusing on the needs of returning soldiers from Iraq and Afghanistan, as well as other veterans.

Ritchie's statement was consistent with the findings of a NAMI report released last year, [Depression: Gaps and Guideposts](#), which found that about 20 percent of people living with depression have used animal therapy in treatment, with 54 percent finding it "extremely" or "quite a bit" helpful.

In 2006, NAMI's [Advocate e-magazine](#) published an article noting that although more research was needed, Aaron Katcher, M.D., emeritus professor of psychiatry at the University of Pennsylvania, had found that "social support is a critical variable in the recovery from many serious biological disorders including psychiatric illnesses."

The 2010 NAMI convention symposium was broadcast live on [C-SPAN](#). During the question and answer, three psychiatric service dogs named Mozart, Precious and Ozzie, patiently stood in line with their owners, who waited at an aisle microphone for a turn to speak.

[The Psychiatric Service Dog Society](#) provides information for persons living with severe mental illness who wish to train a service dog to assist with the management of symptoms.

"One size does not fit all," said Ira Katz, M.D., senior consultant for mental health services in the office of patient services in the [Department of Veterans Affairs](#). Across the board, more research is needed on evidence-based treatment to provide a broad range of options.